

SACRAMENTS

The sacraments are a fundamental aspect of the Catholic Church. In participating in the sacraments we are receiving God's grace in a very real and visible way. It is God's grace which continues to give us the strength to continuing being the best Catholics we can be. We are reminded that without God's grace we will not achieve the greatness for which we are destined. God's grace is His way of helping us and encouraging us. Through the Sacraments we are receiving this grace each and every time.



“Sacraments exist for the Church and through the Church. They are for her, because the Body of Christ, which is the Church, is established, nourished, and perfected through the sacraments. They exist through her because the sacraments are the power of Christ's body.” YouCat 175

**baptism, reconciliation,
eucharist, confirmation,
marriage, holy orders,
anointing of the sick.**

